



# TRAINING COURSES 2016





# TRAINING COURSES 2016

Our courses are delivered throughout the year at our main Training Centre in North Wales, at our partner training centres in Teesside (Tees Barrage International White Water Course) and Staffordshire (Staffordshire Fire and Rescue Service Training Centre). These courses are available as either Open Enrolment or Contracted courses. Open Enrolment courses are run on specific dates and can be booked on a per person basis. Contracted courses can be organised for groups by arrangement, please contact our office for details of our contracted courses.

If these courses don't meet your requirements we offer customised courses, which we design around the needs of your organisation/personnel. To book a place on one of our courses, arrange a contracted course or discuss customised training please contact our office.

**\*Residential options** The majority of our courses are available on either a non-residential or fully residential basis. Fully residential courses include full board accommodation from dinner on the evening before course to lunch on final day of course. Single room accommodation is provided on Open Enrolment courses. Shared room accommodation is provided on Contracted courses (single rooms are available – supplement payable).

## Water & Flood Safety & Rescue

In addition to the courses listed we also deliver: Water and Flood Awareness (AW), Flood Operations for Emergency Planners, Life Jacket Competent User (LJCU), Basic Water First Responder (BWR), Swiftwater and Flood First Responder (SFR), Whitewater Rescue Technician (WRT), Whitewater Rescue Technician Advanced (WRTA), Rescue from Vehicles in Water First Responder (RVWFR), and Searching Rivers and Floods (SRF). All these training courses are also available as contracted courses (organised for groups by arrangement). Please contact our office for details.

### Swiftwater & Flood Rescue Technician (SRT)

Dates	Location	Cost (exVAT)	
		Non-res*	Fully Res*
7-11 March	Teesside	£695	£1075
6-9 June	North Wales	£595	£940
3-6 October	North Wales	£595	£940

### Swiftwater & Flood Rescue Technician Advanced – Water (SRTA-W)

Dates	Location	Cost (exVAT)	
		Non-res*	Fully Res*
14-16 March	Teesside	£410	£760
6-8 September	North Wales	£400	£660

### Swiftwater & Flood Rescue Technician Advanced – Water & Rope (SRTA)

Dates	Location	Cost (exVAT)	
		Non-res*	Fully Res*
18-22 April	North Wales	£675	£1050
28 Nov-2 Dec	North Wales	£675	£1050

### Management of Water & Flood Incidents (MWF I)

Dates	Location	Cost (exVAT)	
		Non-res*	Fully Res*
25-29 April	Devon	n/a	£1190

### Rescue from Vehicles in Water (RVW)

Dates	Location	Cost (exVAT)	
		Non-res*	Fully Res*
19-20 May	Teesside	£450	£640
19-20 September	Teesside	£450	£640

### Swiftwater & Flood Rescue Technician Instructor (SRT I)

Dates (Training & Assessment)	Location	Cost (exVAT)	
		Non-res*	Fully Res*
22-26 Feb & 29-31 Mar	North Wales	£1135	£1690
15-19 Aug & 27-29 Sep	North Wales	£1135	£1690
17-21 Oct & 6-8 Dec	North Wales	£1135	£1690

## Rescue Boat Operations

In addition to the courses listed we also deliver: Rescue Boat Operator (RBO) Flood Rescue Boat Operator (FRBO). All our Rescue Boat training courses are also available as contracted courses (organised for groups by arrangement), please contact our office for further details.

### Swiftwater & Flood Rescue Boat Operator (SFRBO)

Dates (5 day course)	Location	Cost (exVAT)	
		Non-res*	Fully Res*
8-12 February	North Wales	n/a	£1495
14-8 May	North Wales	n/a	£1495
16-20 September	North Wales	n/a	£1495

### Swiftwater & Flood Rescue Boat Operator Instructor (SFRBO I)

Dates (Training & Assessment)	Location	Cost (exVAT)	
		Non-res*	Fully Res*
14-18 Nov & 13-15 Dec	North Wales	n/a	£2675

## Rope Rescue Operations

In addition to the courses listed we also deliver: Safe Working at Height (SWAH), Co-Worker Rescue at Height (CWRH), Rope Access for Emergency Responders (RAFER) and Rope Rescue Technician Advanced (RRTA). All our Rope Rescue training courses are also available as contracted courses (organised for groups by arrangement). Please contact our office for further details.

### Rope Rescue Operator (RRO)

Dates	Location	Cost (exVAT)	
		Non-res*	Fully Res*
4-8 April	Staffordshire	£780	n/a
1-5 August	North Wales	£695	£1050

### Rope Rescue Technician (RRT)

Dates	Location	Cost (exVAT)	
		Non-res*	Fully Res*
23-27 May	Staffordshire	£780	n/a
8-12 August	North Wales	£695	£1050

### Safe Working at Height Tutor (SWAH T)

Dates	Location	Cost (exVAT)	
		Non-res*	Fully Res*
17-18 May	Staffordshire	£210	n/a
13-14 September	Staffordshire	£210	n/a

### Rope Rescue Operator Instructor (RRO I)

Dates (Training & Assessment)	Location	Cost (exVAT)	
		Non-res*	Fully Res*
20-24 June & 19-21 July	Staffordshire	£1325	n/a
3-7 Oct & 25-27 Oct	North Wales	£1135	£1690

## Confined Space Safety & Rescue

Our Confined Space courses are delivered in partnership with Staffordshire Fire and Rescue Service at their training centre near Stone, Staffordshire which has an excellent Confined Space training facility. In addition to the courses listed we also deliver: Confined Space Rescue Technician (CSRT) and Confined Space Rescue Technician Advanced (CSRTA). All our Confined Space Safety & Rescue training courses are also available as contracted courses (organised for groups by arrangement). Please contact our office for further details.

### Safe Working in Confined Space (SWCS)

Dates	Location	Cost (exVAT)
		Non-res*
11 Jan, 22 Feb, 14 March, 11 April, 25 April, 9 May, 13 June, 11 July, 25 July, 15 Aug, 12 Sept, 10 Oct, 24 Oct, 14 Nov	Staffordshire	£130

### Confined Space Entry & Rescue (CSER)

Dates	Location	Cost (exVAT)
		Non-res*
15 March, 26 April, 4 May, 26 July, 25 Oct, 15 Nov	Staffordshire	£130

### Self Contained Breathing Apparatus (SCBA)

Dates	Location	Cost (exVAT)
		Non-res*
16 March, 27 April, 5 May, 27 July 26 October, 16 November	Staffordshire	CSER: £260 CSER + SCBA: £390

### Confined Space Rescue Operator (CSRO)

Dates	Location	Cost (exVAT)
		Non-res*
7-11 March, 23-27 May, 7-11 Nov	Staffordshire	£640

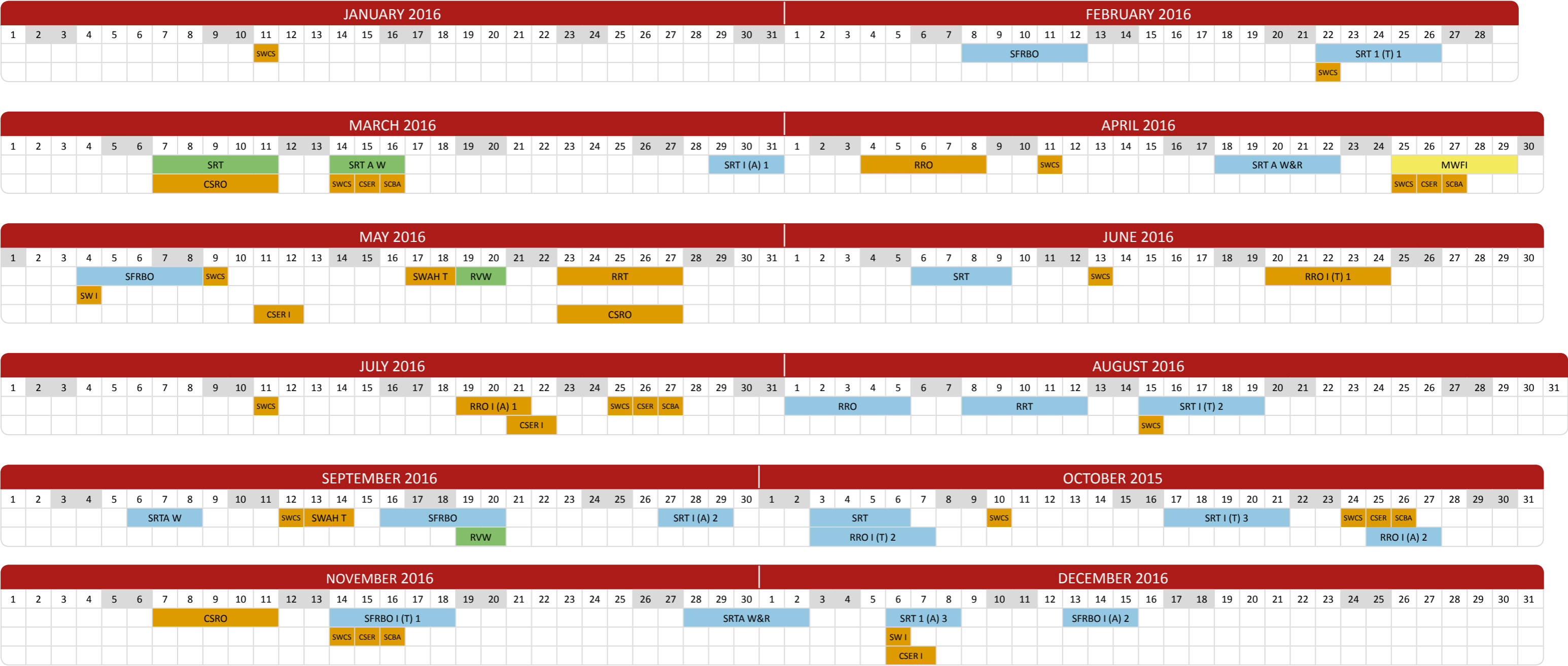
### Safe Working in Confined Space Instructor (SWCS I)

Dates	Location	Cost (exVAT)
		Non-res*
4 May, 6 December	Staffordshire	£195

### Confined Space Entry & Rescue Instructor (CSER I)

Dates	Location	Cost (exVAT)
		Non-res*
11-12 May, 20-21 July 6-7 Dec	Staffordshire	£390

# OPEN ENROLMENT COURSE CALENDAR 2016



**KEY:**

**WATER**

SRT	Swiftwater & Flood Rescue Technician
SRTA W	SRT Advanced Part 1 – Water
SRTA W&R	SRT Advanced Parts 1 & 2 – Water & Rope
RVW	Rescues from Vehicles in Water
MWFI	Management of Water & Flood incidents
SRT I (T)	Swiftwater & Flood Rescue Technician Instructor – Training
SRT I (A)	Swiftwater & Flood Rescue Technician Instructor – Assessment

**CONFINED SPACE**

SWCS	Safe Working in Confined Space
CSER	Confined Space Entry & Rescue
SCBA	Self Contained Breathing Apparatus
CSRO	Confined Space Rescue Operator
SW I	Safe Working in Confined Space – Instructor
CSER I	Confined Space Entry & Rescue – Instructor

**LOCATION**

North Wales
Teesside
Staffordshire
Devon

**BOAT**

SFRBO	Swiftwater & Flood Rescue Boat Operator
SFRBO I (T)	Swiftwater & Flood Rescue Boat Operator Instructor – Training
SFRBO I (A)	Swiftwater & Flood Rescue Boat Operator Instructor – Assessment

**ROPE**

RRO	Rope Rescue Operator
RRT	Rope Rescue Technician
SWAH T	Safe Working at Height – Tutor
RRO I (T)	Rope Rescue Operator Instructor – Training
RRO I (A)	Rope Rescue Operator Instructor – Assessment





**SAFETY&RESCUE**

**R3 Safety and Rescue Ltd**

The Gatehouse, Llangollen Pavilion, Abbey Road, Llangollen, LL20 8SW

[www.r3sar.com](http://www.r3sar.com) | [info@r3sar.com](mailto:info@r3sar.com)

01978 280252